## **SPACE MAINTAINER POST-OPERATIVE INSTRUCTIONS**

The following information is provided to aid you and your child after he/she has had a space maintainer placed in our office. Checked areas indicate specific treatment(s) rendered.

Space Maintainer(s)- Teeth may be tender for a few days. Your child should avoid prying or poking at the appliance with his/her fingers, tongue or other objects. Help your child avoid eating sticky foods like taffy, tootsie rolls and hard items like corn nuts and ice. These snacks can break or loosen the appliance. Brush the appliance along with the rest of the teeth at least twice a day. Check periodically to ensure the appliance is still properly placed. If it comes out, please call the office.

<u>Nitrous Oxide – Oxygen</u>- "Laughing Gas" was used during your child's dental appointment. Nitrous Oxide is very safe and provides exceptional relief of anxiety and some pain relief. In rare instances, nitrous oxide can cause nausea.

Please call us with any questions: 406-587-KIDS (5437).

